Your-Skin Cone

Step 1: Roll the skin of your flaccid penis forward to cover your glans

Step 2: When the glans is covered, bunch up your skin

Step 3: Wedge the bunched-up skin into the Your-skin Cone

Step 4: Check for uniformity. Here the exposed part of the glans is nicely centered

Step 5: Make sure the cone hangs on by itself. Wear it under briefs (not boxers) and to bed at night

Step 6: If the cone was invisible, this is how your skin would look with the cone properly fitted

Step 7: Be prepared to gain a healthy shine when your skin is pulled back

Step 8: Hygiene
a) Wash the cone daily
b) Remove the cone to urinate
c) Wash your glans and inner skin only with clear water or a non-soap cleanser like Cetaphil liquid
d) DO take before pictures
e) After a month or two, take a jog without the cone. If your penis is irritated from banging around in your shorts, you'll know the cone is working.